Spring 2016 Schedule

Workforce Development & Continuing Education
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CANCELLATION: In the event that a Continuing Education course is cancelled, all effort will be made to contact all registered students. A 100% refund will be issued; no further action from the student is necessary.
General Information

The staff of the Public Services and Workforce Development department welcomes you to UA Cossatot!

Address: 183 College Drive, De Queen, Arkansas 71832
Science and Arts Building
Available on Other Campuses by Appointment

Phone: 870-584-4471
Fax: 870-642-3320
Email: ContinuingEducation@cccua.edu
Workforce@cccua.edu

Hours of Operation: Monday – Friday, 8:00 a.m. – 4:30 p.m.

The UA Cossatot Continuing Education Services department is committed to providing the highest quality education available to help you reach your full potential. Whether you are just getting started in the workplace, enhancing your current career, working to meet licensure/certification requirements, or want to explore a new hobby --- we’re here to help.

Zebbie Launius
Continuing Education Coordinator
zminton@cccua.edu

Waco Jackson
Continuing Medical and Safety Education Coordinator
wjackson@cccua.edu

David Sirmon
Ask me how I can provide pre-employment testing and customized training for your business.
Workforce Development Coordinator
dsirmon@cccua.edu

Crystal Hunter
Ask me how I can provide financial assistance & supportive services to parents.
Career Pathways Director
cbell@cccua.edu

Gina Duncan
Ask me how I can help you increase employability with a GED or Career Readiness Certificate.
Workplace Education Center Coordinator
gduncan@cccua.edu

Tammy Coleman
Let me know if you have comments or suggestions. Your input is important to us because it helps us improve our services.
Director of Public Services and Workforce Development	
tcoleman@cccua.edu

Personal Enrichment Courses

Bees and Butterflies
Suitable for beginners as well as practicing artists, this course will help you enjoy and experiment with new and familiar media of colored pencils as you develop your own unique style. You’ll learn fun exercises that really improve your drawing and how to mix & use colors to its greatest effects. $48

CED 3116 01 152Q
Register by: March 1
Date: March 8-29 (Tuesdays)
Time: 5:30PM -7:30PM
Location: De Queen
Instructor: Victoria Autrey

Journey Program

Quilt Shop Hop
If you love to shop or just even love to browse unique stores, this trip is for you! This Texas Shop Hop is an adventure of the best kind. Quilters, sewers, crafters? This journey is perfect for you! We will peruse through more than ten stores across North Texas. Don’t miss a spot on the bus. Gather your friends and plan for an exciting time! $159-this includes transportation, lodging, and one group meal. Seating is limited so register today!

CED 3094 01 152Q
Register by: March 3
Date: March 18 & 19 (Friday & Saturday)
Time: 7:00AM - 8:00PM
Location: Leaving from De Queen Campus
Instructor: Zebbie Launius

Beginning Pottery Class
Let the fun begin! This is your time away from it all and it is just for you. Join in this new course to find the numerous possibilities clay has to offer, such as hand building, sculpting, decorating and glazing. Students will have the satisfaction of creating an artwork from scratch and bringing it to its final completion. Every day participants are encouraged to explore their creativity. $49

CED 3112 01 152Q
Register by: March 29
Date: April 5 - 26 (Tuesdays)
Time: 6:00PM - 8:00PM
Location: De Queen
Instructor: Victoria Autrey
Truck Driver Training Program
Get on the road to a great career as a professional truck driver. The UA Cossatot Truck Driver Training Program is an intensive one hundred and sixty (160) hour training program with a proven record of providing quality in-depth truck driver training that will have you on the road in 4 fast-paced weeks. Through a combination of up-to-date classroom, field and over-the-road training, you’ll have what it takes to be a professional truck driver. $3695, includes books. Ask about financial assistance.

CED 4011 01 152Q
Register by: January 25
Date: February 1-25
Time: 6:00AM-4:30PM (Monday-Thursday)
Location: Nashville

CED 4011 02 152Q
Register by: February 29
Date: March 7-31
Time: 6:00AM-4:30PM (Monday-Thursday)
Location: Nashville

CED 4011 03 152Q
Register by: April 4
Date: April 11-May 5
Time: 6:00AM-4:30PM (Monday-Thursday)
Location: Nashville

CED 4011 04 152Q
Register by: May 9
Date: May 16-June 9
Time: 6:00AM-4:30PM (Monday-Thursday)
Location: Nashville

RESOLVING CONFLICT WITHIN YOUR TEAM
When individuals work together, differences in opinions, work styles, and personalities will occur. These differences can often lead to conflict. Team conflict can be constructive, helping to unleash creativity and innovative thinking, promoting growth and learning, and building team unity. When left unchecked, however, conflict can become a highly destructive force, eroding trust, undermining team pride and cohesiveness, and causing serious performance shortfalls. The purpose of this course is to provide participants with skills for resolving conflicts that are hindering the team’s performance and ability to produce results. $65, includes book.

CED 1038 01 152Q
Register by: April 11
Date: April 18 & 25 (Mondays)
Time: 6:00PM-8:00PM
Location: Nashville

AG WELDING
This course is offered for any farmer or rancher who is interested in “on the spot” welding. No prior experience needed for this class! This class will be geared to the participant’s needs. The content of the class will be a basic overview of welding techniques and their applications, some oxy-acetylene cutting process, and cost effective methods of welding. Come prepared to weld with glasses, boots, and jeans. $59, includes materials.

CED 4055 01 152Q
Register by: April 4
Date: April 9
Time: 8:00AM-2:00PM (Saturday)
Location: De Queen
Instructor: Felipe Linares

FUN OR PROFIT ADORABLE CREATIONS… GIRLS NIGHT!
Looking for a fun night out? Learn tricks that make painting patterns easier. Enjoy a relaxing night with your girlfriends, creating a colorful initial door hanger that is sure to brighten up any front porch. $35, all supplies included.

CED 3115 01 152Q
Register by: March 7
Date: March 14 (Monday)
Time: 6:00PM-8:00PM
Location: De Queen
Instructor: Misty Eudy

How to Get Started:
1. Visit our Online Instruction Center: www.ed2go.com/ccua
2. Click the Courses link, once you choose the department and course title you are interested in, select the Enroll Now button. Follow the instructions to enroll and pay for your course. Here you will choose a username and password that will grant you access to the Classroom.
3. When your course starts, return to our Online Instruction Center and click the Classroom link. To begin your studies, simply log in with the username and password you selected during enrollment.

OVER 2.5 MILLION STUDENTS HAVE CHOSEN ED2GO TO LEARN MORE WITH OVER ONE HUNDRED ONLINE CAREER TRAINING PROGRAMS
Refuse to Be a Victim
Protect yourself and your family from sophisticated criminals. Attend the Refuse to Be a Victim crime prevention and personal safety seminar. You will get the tools you need to develop your own safety strategy, including information on:
- the psychology of the criminal mind; home and phone security; automobile and travel security; personal and technological security, self-defense tools and training options, and more!
- $20, includes book.

CED 1037 01 152Q
Register by: March 8
Date: March 15 (Tuesday)
Time: 6:00PM-10:00PM
Location: De Queen
Instructor: Officer Monte Stringfellow

CED 1037 02 152Q
Register by: April 5
Date: April 12 (Tuesday)
Time: 6:00PM-10:00PM
Location: Nashville
Instructor: Officer Monte Stringfellow

CED 1037 03 152Q
Register by: April 26
Date: May 3 (Tuesday)
Time: 6:00PM-10:00PM
Location: Ashdown
Instructor: Officer Monte Stringfellow

Forklift Operator & Safety Training
This is an 8-hour high-impact training, designed for novice operators, assists participants in becoming an authorized forklift operator. Instruction includes an introduction to the truck, controls and instruments, plus the essentials of forklift safety. It covers topics that are critical to avoiding accidents and injuries, including general safety, pre-operation, operation, load handling, fuel/battery maintenance, and specialized units.

Forklift Safety Training is a 4-hour high-impact training, designed for experienced operators. This instruction includes the essentials of forklift safety as opposed to the full 8-hour class which includes introduction to the truck and controls and instruments. Call for class information

What Is Career Pathways?
A program designed to assist low-income parents complete educational and employment training on their path to a brighter future. Qualified applicants may be eligible for assistance with tuition, fees, books, tutoring, child care, transportation, academic counseling, job search, and other services needed that are not covered by other sources.

How Do I Apply?
Contact UA Cossatot Career Pathways directly to speak with a staff member. 870.584.4471

Fun Or Profit Container Planting
Anyone can make great container flower planter. From simple to elaborate, the possibilities are limitless. This class will explore container planting basics including plant selection, different growing habits of plants, and choosing appropriate containers. Students will leave with a finished beautiful planted container to enjoy all summer long. Gather your friends and have an afternoon of fun. The cost of the course includes everything you need—the soil, plants, and container. $46

CED 3076 01 152Q
Register by: May 2
Date: May 9 (Monday)
Time: 6:00PM-8:00PM
Location: De Queen
Instructor: Zebbie Launius

CED 3076 02 152Q
Register by: May 3
Date: May 10 (Tuesday)
Time: 6:00PM-8:00PM
Location: Nashville
Instructor: Zebbie Launius

CED 3076 03 152Q
Register by: May 9
Date: May 16 (Monday)
Time: 6:00PM-8:00PM
Location: Ashdown
Instructor: Zebbie Launius
**EMT Refresher/Transition**

This 24-hour Arkansas Transitions/Refresher Course may be taken to maintain state certification as an Emergency Medical Technician or the meet NREMT renewal requirement. Classes are a low-stress educational experience designed to refresh existing knowledge and introduce new information. Course will also require an off-site activity.

All Arkansas EMT’s must complete the training between the following dates: 4/01/2012-3/31/2016 failure to complete will result in the loss of your Arkansas EMT License. The National Registry of EMT’s will accept what each state has mandated as their Transition Course in place of the traditional 24 hour EMT refresher course.

**SORRY NO REGISTRATION AT THE DOOR $52**

CED 5000 01 152Q
Register by: February 8
Date: February 13 & 14
(Saturday & Sunday)
Time: 8:00AM – 8:30PM
Location: De Queen, Room 307
Instructor: Waco Jackson

CED 5000 02 152Q
Register by: February 15
Date: February 20 & 21
(Saturday & Sunday)
Time: 8:00AM – 8:30PM
Location: De Queen, Room 307
Instructor: Waco Jackson

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**CPR (Health Care Provider Level-HCP) Recertification**

This class is designed for healthcare providers who are currently certified in Health Care Provider (HCP) and want to recertify their American Heart Association CPR card. Course curriculum follows the 2010 AHA science and guidelines for CPR. This class teaches the skill of CPR AED for victims of all ages. This course is for the healthcare professional who needs to know how to perform CPR as well as other lifesaving skills in a wide variety of settings in both the in-hospital and out of hospital settings. $30

*Call for class information*

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**Nursing Assistant Training Program**

This 90-hour training combines classroom instruction, lab activities, and supervised practical training in a nursing facility. It prepares students for all aspects of nursing assisting. Successful completers receive a certificate, and are eligible to take the State competency exam. $549, plus books.

CED 5004 01 152Q
Register by: February 23
Date: March 1 - 17 (Monday - Friday)
Time: 8:00AM - 4:00PM
Location: Nashville
Instructor: Kathy Tosh

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**Creative Cake Decorating**

Learn to create your own beautiful cakes. Save money and impress your family when you say "I did it!” This creative cake decorating class is for the beginner who wants to have fun creating cakes for every occasion. It will also be of value to the decorator who is just getting started in his/her new cake decorating career. In this class you will learn the tricks of the trade... how to use items from your kitchen, bake a level cake, torte it, icing it smooth, and a step-by-step method of creating the perfect rose just like the pros. Creative cake decorating is a great way to learn the fundamentals of cake decorating. $49, supply list given upon registration.

CED 3109 01 152Q
Register by: February 1
Date: February 8 -29 (Mondays)
Time: 5:00PM -7:00PM
Location: Nashville
Instructor: Brandy Clay

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**Fun or Profit Pallet To Picture Display**

Welcome to upcycling! Upcycling is growing in popularity, as people discover the fun & inexpensive ways to turn old cast-offs into prized possessions. In this class you will transform shipping pallets into beautiful wooden works of art. Bring your girlfriends and enjoy learning ways to transform pallets for your home or to sell. $55, all supplies included.

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**Continue Education Services**

Know More. Be More.

870.584.4471

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**Nursing and Allied Health**

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Pharmacy Technician Program

This comprehensive 50 hour program will prepare students to work as a pharmacy technician in a retail or other pharmacy setting and to take the Pharmacy Technician Certification Board’s PTCB exam. Course content includes: pharmacy medical terminology, the history of pharmacy, the pharmacy practice in multiple environments, pharmacy calculations and measurements, reading and interpreting prescriptions and defining drugs by generic and brand names. Through classroom lecture and hands on labs, students will review dosage calculations, drug classifications, the “top 200 drugs,” I.V. flow rates, sterile compounding, dose conversions, aseptic technique, the handling of sterile products, total parental nutrition (TPN), dispensing of prescriptions, inventory control billing and reimbursement.

$1,199, textbooks included.

CED 5014 01 152Q
Register by: March 22
Date: March 29 - May 17
Tuesdays and Thursdays
Time: 6:00PM - 9:30PM
Location: Ashdown
Instructor: TBA

Fun or Profit Shabby Chic Furniture Refinishing Class

Shabby Chic is a form of interior design where furniture and furnishings are either chosen for their appearance of age and signs of wear and tear or where new items are distressed to achieve the appearance of an antique. Is this a look you enjoy? Would you like to learn to make your own chalk paint? In this class, June will show you everything from selecting items to making a great final piece. Participants MUST bring a small piece of furniture such as, night table, end table, etc. – anything can be revitalized by refinishing. Each member of the class will take home your masterpiece, plus be armed with new techniques to breathe new life into old furnishings. The class is very hands-on and productive and you will be impressed with the results! This workshop is for all levels. $46, supply list given upon registration.

CED 3099 01 152Q
Register by: March 31
Date: April 7-21 (Thursdays)
Time: 6:00PM-8:00PM
Location: De Queen
Instructor: June Ralls

Fun or Profit Five & Dime Quilting

Don’t let a busy schedule crush your creativity. Five and dime quilting is easy enough for beginners but fun for experienced quilters as well. Make pans to join Renee as she takes you step-by-step through a quilt project using large fabric pieces, to make a layer cake and a charm pack! From there the fun begins. $75, includes fabric for large lap quilt.

CED 3113 01 152Q
Register by: February 11
Date: February 18 & 25 (Thursday)
Time: 6:00PM-9:00PM
Location: De Queen
Instructor: Renee Brenneman

Fun or Profit Jewelry Making

Learning to make your own beautiful beaded necklaces, earrings and bracelets is fun and easy. Beading and jewelry making is a great craft for anyone of any age because it’s an inexpensive hobby to get into. All you need are a few basic tools, beading wire and a handful of pretty beads, and you’re all set to create your own handmade jewelry. And who doesn’t love a handcrafted piece of jewelry to wear, share or sell? $34, supply list given upon registration.

CED 3081 01 152Q
Register by: April 26
Date: May 3-10 (Tuesdays)
Time: 5:30PM - 7:30PM
Location: Foreman
Instructor: Kathy Draper

Fun or Profit Five & Dime Quilting

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CED 3113 01 152Q
Register by: February 11
Date: February 18 & 25 (Thursday)
Time: 6:00PM-9:00PM
Location: De Queen
Instructor: Renee Brenneman

Fun or Profit Jewelry Making

Learning to make your own beautiful beaded necklaces, earrings and bracelets is fun and easy. Beading and jewelry making is a great craft for anyone of any age because it’s an inexpensive hobby to get into. All you need are a few basic tools, beading wire and a handful of pretty beads, and you’re all set to create your own handmade jewelry. And who doesn’t love a handcrafted piece of jewelry to wear, share or sell? $34, supply list given upon registration.

CED 3081 01 152Q
Register by: April 26
Date: May 3-10 (Tuesdays)
Time: 5:30PM - 7:30PM
Location: Foreman
Instructor: Kathy Draper

For Fun or Profit Courses
Trade Show Marketing
Trade shows and expos are perfect places to meet potential customers face-to-face and begin building relationships. This seminar will take you through how to create an effective trade show look, as well as how to effectively market your business to stand out among the other exhibitors.

Tuesday, January 12th | 2:30-4:30pm
Nashville Campus
$30

Small Business Startup Summit
This seminar prepares you for the intensive business planning process, identifies major steps crucial to starting a business, and discusses start-up requirements and common pitfalls that you will face as an entrepreneur. We will also explain and illustrate the business plan format. A business plan will help you evaluate and define your concept.

Thursday, March 3rd | 3:00-6:30pm
De Queen Campus
FREE
(Co-Sponsored by First State Bank of De Queen)

Advanced Social Media Management
So you’re active on Facebook, LinkedIn, and Pinterest, but maybe you are flying by the seat of your pants. Learn to manage your social media presence strategically and efficiently even across multiple platforms. We’ll explore how to schedule posts, create unique insights, and get the most bang for your buck when advertising on social media.

Wednesday, April 13th | 1:00-4:30pm
Nashville Campus
FREE
(Co-Sponsored by First State Bank of De Queen)

Presented by the HSU Arkansas Small Business and Technology Development in partnership with UA Cossatot.

Call today to reserve your seat 870.230.5184
or register online at http://asbtde.ualr.edu/training/arkadelphia.asp

UA Cossatot’s Virtual Career Center
The interactive tool that links employers with prospective job candidates through the UA Cossatot based Career Center. A powerful tool for students, alumni, and community members alike. Showcase your talents to over one million registered employers. Upload and update your résumé, portfolio, cover letter, and more. Submit them to recruiters seeking qualified job candidates like you. Contact David Sirmon with questions at 870-584-1136.